

Medical Plan

Blue Light Weekend

10th & 11th August 2024



Introduction

The Blue Light Weekend has been organised by the Withernsea Blue light committee and will take place on the South Promenade, Withernsea with the control centre at the RNLI Lifeboat Station, HU12 2HU. (What3Words: Manifests. Jungle. incoming)

On Saturday the **main risks identified are the Raft Race, 1 Mile Swim, ½ mile swim, and Colour run**. There are other events taking place but not at the same time.

There are no physical activities planned for the Sunday.

This Medical Plan has been produced based on the event management and safety plan, in conjunction with the organiser.

Aim

To lessen the impact of the event's activities on local NHS Resources.

Objective

Adequate First aiders are on site to provide emergency first aid and medical treatment to members of the public, participants and event staff as needed. First Aiders will be on hand to cover the immediate event area and any event related incidents within the footprint of the event.

Communications

Radio communication will be used during the event. The Motorola radios will operate on channel 16. Broadnet Radios will be available as back up.

Radios will have been checked prior to the event.

If there are any communication issues, mobile phones will be used.

Radio checks should be carried out by all radio users at the start of their shift and regularly throughout the event.

Emergency Radio Codes

These codes to be used to report certain threats.

“Gingerbread” – Maintain current location and maintain radio silence.

“Code Blue” – Report of a Fire, location to follow.

“Code Yellow” – Crowd disturbance, location to follow.

“Code Grey” – Bomb/Terror Threat

“Code Black” – Terrorist Attack

“Code Orange” – Suspect package, location to follow.

“Code Green” – Lost Child

If a team wants to report suspicious activity and is in within ear shot of the public, then the following communication is to be made: “Control from (Callsign), request swap with team Red”, control will then ask for exact location and liaise with security. Do not approach anyone, maintain visual contact from a safe distance. When security arrive, handover a description and why you think the activity was suspicious and direction of travel.

Health, Safety & Welfare

All medical staff are to work in pairs. Teams must conduct a dynamic risk assessment when approaching casualties and relay any relevant information to the control room. Where a situation is felt to be hazardous, medical staff are to withdraw to a place of safety and await direction from the team leader. Should an Event Stopping Incident occur, the code of the day shall be “Gingerbread”x3 all staff will remain in position unless in immediate danger.

Infection Prevention & Control

When dealing with patients, gloves and apron must be worn.

All patient contact areas and equipment to be cleaned between patients as per policy.

Level 3 kit must be worn when performing an aerosol generated procedure (AGP) e.g., resuscitation.

No nail polish/false nails to be worn.

All clinical waste to be disposed of via yellow/orange plastic bags and the bags will be transported for final disposal.

Manual Handling

Current Manual Handling Practices to be followed. Dynamic Assessment to be carried out using TILE.

Control of Substances Hazardous to Health

All substances that fall under COSHH to be transported, used and disposed of as per COSHH policy and COSHH assessment.

Violence and Aggression

This is a low-risk event however, any staff experiencing any act of violence or aggression must report it to control. This may be done after retreating to a place of safety.

Marauding Attack/Mass Casualty Incident

All staff to approach with caution using STEP 1,2,3 approach. IF ANY DOUBT STAFF MUST NOT APPROACH.

RUN



Run to a place of safety. This is a far better option than to surrender or negotiate. If there's nowhere to go, then...

HIDE



It's better to hide than to confront. Remember to turn your phone to silent and turn off vibrate. Barricade yourself in if you can. Then finally and only when it is safe to do so...

TELL



Tell the police by calling 999.

To report suspicious activity over the radio, staff are to use the phrase “*callsign* request Team Red swap”. The team leader will then ask for your exact location followed by a series of yes/no questions and will liaise with Security to send a response.

Safeguarding

All Safeguarding issues to be raised as per Safeguarding Policy.

Timings

Saturday 10th August 2024

Event Timings 10:00 – 17:00

Medical Cover 10:00 - 17:00

Sunday 11th August 2024

Event Timings 10:00 – 16:00

Medical Cover 10:00 - 16:00

Area of responsibility

First Aiders will respond to medical emergencies within the event area as specified by the event boundaries. Event-related injuries beyond these areas may be tended to at the discretion of the event organisers.

Access and Egress routes

The Promenade is easily accessible via a number of streets that lead on to the promenade.

Medical Intelligence

Competitors have been advised to complete medical details for the swim and the run.

Staff in safety boats will deal with casualties in the water and bring them to the water's edge for treatment.

- Minor injuries unit East Riding Community Hospital, Swinemoor Lane, Beverley, HU17 0FA
- Minor injuries unit Bransholme health centre, Goodhart Rd Bransholme. HU7 4DW
- A&E Hull Royal Infirmary Anlaby Rd, Hull HU3 2JZ

All incidents will be reported to the race controller and First Aid Co-ordinator.

Race Controller- Dave Penson 07740061526

First Aid Event Control. Level 4 Emergency Responder (First Aid Skills UK) - Martin Binns- 07368485886

First Aid Lead/Co-ordinator (First Aid Skills UK) Kirsty Binns. Level 4 Emergency First Responder 07369270806

First Aid Clinical Lead: Simon Broady. Emergency Medical Technician

Logistics

Deployed at the event will be the following:

First aid Co-ordinator:

Saturday 10th & Sunday 11th August 2024

Kirsty Binns 07369270806

First Aid Rota listed below for cover across the 2 days.

KEY:

(Time)

- *Blue Indicates All-Day First Aiders*

(Location)

- *Green Indicates those located at HQ, covering the South*
- *Orange Indicates those located Central*
- *Yellow Indicates those located in the North*

Patrols will be carried out during the day/shift so primary location may vary, First Aiders will be allocated accordingly to need by the First Aid Co-ordinator.

Saturday 10th August 2024:

Time	Location Zone	Role	Name	Contact details
All-Day PRIMARY CONTACT Carrying AED	HQ-South <i>First Aid HQ RNLI</i>	First Aid Control & Level 4 Emergency Responder. Emergency Medical Technician	Martin Binns First Aid Control First Aid Skills UK Simon Brady Clinical Lead First Aid Skills UK	07368485886 07752 336215
All-Day SECONDARY CONTACT	HQ-South <i>First Aid HQ RNLI, Covering South Promenade- on patrol</i>	First Aid Support Co-ordinator & Level 4 Emergency First Responder	Kirsty Binns First Aid Skills UK	07369270806
All-Day	HQ-South <i>First Aid HQ RNLI, Covering South Promenade- on patrol</i>	Emergency At Work First Aider	Dan Welch	07704232312
All-Day Stationary	Italian Gardens - North <i>(Kids Zone)</i>	Level 3 First Aider	The Hut Max Atloft	07969178536
All-Day Stationary	Italian Gardens - North	Level 3 First Aider	The Hut	07898255911

	<i>(Kids Zone)</i>		Suzanne Carter	
All-Day Stationary	Italian Gardens - North <i>(Kids Zone)</i>	Level 3 First Aider	The Hut Harry Applegarth	07565521507
All-Day Stationary	Italian Gardens - North <i>(Kids Zone)</i>	Level 3 First Aider	Active Coast Jack Harrison	07976359610
All-Day Stationary	Italian Gardens - North <i>(Kids Zone)</i>	Level 3 First Aider	Active Coast Sue Smethurst	07770881178
All-Day Stationary	Italian Gardens - North <i>(Kids Zone)</i>	Level 3 First Aider	Active Coast Mike Adlard	07949313876
All-Day Stationary	Italian Gardens - North <i>(Kids Zone)</i>	Level 3 First Aider	Active Coast Beth Coggin	07815015313
All-Day Stationary	Italian Gardens - North <i>(Kids Zone)</i>	Level 3 First Aider	Active Coast Karen Novak	07419141789
10-12	Blip Active Events Zone-South	Level 3 & Paediatric First Aider	Paul Whittaker	07743304155
10-12 Stationary	Blip Active Events Zone-South	Level 3 First Aider	AW Joe Brooks	07860833968
12-4	Central <i>Walking patrol of Promenade</i>	Level 3 First Aider	Security Danny Megson	07727262958
12-4	Central <i>Walking patrol of Promenade</i>	Level 3 First Aider	Security Mikey	07361560020
12-4	Boating Club - Central	First Aider	Security TBC	TBC
		Level 4 Emergency Responder	Kirsty Binns First Aid Skills UK	07369270806

Sunday 11th August 2024:

Time	Location Zone	Role	Name	Contact details
All-Day PRIMARY CONTACT Carrying AED	HQ-South <i>First Aid HQ RNLI</i>	First Aid Control & Level 4 Emergency Responder	Martin Binns First Aid Skills UK	07368485886
		Emergency Medical Technician	Simon Broady First Aid Skills UK	07752 336215
All-Day SECONDARY CONTACT	HQ-South <i>First Aid HQ RNLI, Covering South Promenade- on patrol</i>	First Aid Support Co- ordinator & Level 4 Emergency First Responder	Kirsty Binns First Aid Skills UK	07369270806
All-Day	HQ-South <i>First Aid HQ RNLI, Covering South Promenade- on patrol</i>	Emergency At Work First Aider	Mags Westoby	07969080290
All-Day	HQ-South <i>First Aid HQ RNLI, Covering South Promenade- on patrol</i>	Emergency At Work First Aider	Sam Dixon	07768182022
All-Day	Patrol of Promenade - Central	Emergency At Work First Aider	Sean Foster	07724784853
10-12	Patrol of Promenade- Central	Emergency At Work First Aider	Bill	TBC
10-12	Italian Gardens -North <i>(Kids Zone)</i>	Level 3 & Paediatric First Aider	Paul Whittaker	07743304155
12-4	Central <i>Walking patrol of Promenade</i>	Level 3 First Aider	Security Danny Megson	07727262958
12-4	Central <i>Walking patrol of Promenade</i>	Level 3 First Aider	Security Mikey	07361560020
12-4	Boating Club- Central	First Aider	Security TBC	TBC

	<i>Walking patrol of Promenade</i>			
		Level 4 Emergency Responder	Kirsty Binns First Aid Skills UK	07369270806

Deployment of personnel and resources

Level 4 Emergency Responder (First Aid Skills UK) will be located at the RNLI station *carrying medical gases and AED* which is within 5 mins of the extents of the event in every direction, additional First Aiders and First Aid support will be located within the 'Event Zone'. As events take place additional First aiders maybe present at these locations and all will be clearly identifiable with First Aid armbands and contactable via radio.

If any treatment is required, the Event Co-ordinator (First Aid Skills UK) will be notified and event organiser and First Aider will be tasked to attend.

Events List and Timings

Event Programme

Note: as this is a working document it is anticipated that the event programme and schedule will be updated right up to the event weekend.

However the latest programme schedule will always be published on the Blue Light Weekend website (www.bluelightweekend.com)

Day One - Saturday 10th August 2024

Hosted by Alex Cann (Seaside FM)

06.00 - 08.00	Event area preparation
09.00	Stalls and events arrive and setup Last minute risk assessment (BLW Committee)
09.00	Start of swims (1 mile and half mile)
09.30	Committee / volunteer briefing
09.45	First Aid briefing
10:00	Security briefing
11.00	Start of Withernsea History Walk
11.00	Raft Race
11.00 – 16.00	RNLI Open Day
11.30 – 15.30	Schedule sea activities
12.00 – 15.00	Circus workshop
12.00 – 15.30	Music performances on promenade stage
13.00	Mascot Race
16.00	2km family colour fun run
All Day	Kids Army Tower
TBC	Virgin balloon

Day Two - Sunday 11th August 2024

Hosted by Richard Acklam

06.00 - 08.00	Event area preparation
09.00	Stalls and events arrive and setup Last minute risk assessment (BLW Committee)
09.30	Committee / volunteer briefing
09.45	First Aid briefing
10:00	Security briefing
11.00 – 16.00	Circus Street Show
11.00 – 16.00	Stilt Walkers
12.00 – 15.00	Circus Workshop
11.30	Royal Navy Raiders Parachute Display Team
12.30	Nick Lee's Tiger Moth Display

13.30	Tom Cassells & Mike Pickin (“The Starlings”) Aerobatics display
14.15	Jubilee Pitts aerobatic display
15.00	Battle of Britain Spitfire & Spitfire Tailchase display
15.30	Anarchy 1 Typhoon Display
16.00	Royal Navy Raiders’ Parachute Display
17.30	Helicopter Prize winner flight
All day	Kids Army Tower
TBC	Apache helicopter
	Sea King helicopter
	Virgin balloon

All times and order of events are approximate and subject to change. Some events may be weather / tide dependant and cancelled if not deemed safe on the day.

Major Incidents

In the event a major incident is declared; this will be explicitly announced over the radio using the term “major incident declared”. At this point it is essential to maintain radio silence and await further instruction from the event manager.

During the event, radio systems will be used to quickly pass information to all event staff. Full details of the Emergency announcements can be found in the Event Management Plan.

A declaration of a major incident will come from the Event Safety Officer.

Evacuation of the event will be coordinated by the Event Safety Officer and medical staff will support staff in evacuating the event grounds and triaging & treating casualties as required.

In the event of a major incident, Level 4 Emergency Responder Kirsty Binns will take the lead and come under the control of Yorkshire Ambulance Service until they are stood down by the Emergency Services.

The rendezvous point for medical staff will depend on the location of the incident: First Aid HQ will be located at the RNLI Station.

Contacts

Name	Title	Company	Tel
Dave Penson	Event Safety Officer, Event Director & Blue Light Committee	N/A	07740061526
Andy Medcalf	Event Director & Blue Light Committee	N/A	07734882305
Kirsty Binns First Aid Skills UK PRIMARY CONTACT FOR MEDICAL EMERGENCY/FIRST AID Carrying AED	First Aid Co-ordinator & Level 4 Emergency Responder	First Aid Skills UK	07369270806

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